




# JULY 2025

## AQUATICS SCHEDULE

4<sup>th</sup> of JULY EARLY CLOSURE AT 2 pm



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEKEND
5- 8:55 am Lap Swim Lanes 1-4  Open Swim Lanes 5-6	5- 9:55 am Lap Swim Lanes 1-4  Open Swim Lanes 5-6	5-6 am Lap/Open Swim	5 - 9:55 am Lap Swim Lanes 1-4  Open Swim Lanes 5-6	5 - 9:55 am Lap/Open Swim Lanes 1-6	SATURDAY
8:55-10 am HydroBody Lanes 3-6  Lap Swim Lanes 1-2		8:55-10am AquaMashPlus Lanes 2-6 Lap Swim Lanes 1			7-8:55 am Lap/Open Swim Lanes 1-6
10-11am Aqua Flow Lanes 3-6  Lap Swim Lanes 1-2	10- 11am AquaTurbo Lanes 3-6  Lap Swim Lanes 1-2	 10- 11am AquaMash  POOL RESERVED	10- 11am AquaTurbo Lanes 3-6  Lap Swim Lanes 1-2	 10- 11am AquaMash  POOL RESERVED	8:55- 10am AquaTurbo Lanes 3-6  Lap Swim Lanes 1-2
11-1 pm Lap Swim Lanes 1-4  Open Swim Lanes 5-6	11:10-Noon JointMobility Lanes 3-6  Lap Swim Lanes 1-2	11- Noon Lap Swim Lanes 1-4 Open Swim Lanes 5-6	11 - 2:20pm Lap/Open Swim  12-4pm Scuba Camp RSVD only on 7/31 Lanes 5-6	11:10-Noon JointMobility Lanes 2-6  Lap Swim Lane 1	10- Noon Lap/Open Swim
1:10- 2:10 pm WaterWellness Lanes 3-6 Lap Swim Lanes 1-2	Noon-2:20pm Lap Swim Lanes 1-4  Open Swim Lanes 5-6	Noon-1pm Coached Lap Swim POOL RESERVED	2:20-3:30 pm  PEAK Swim Lessons & Open Swim Lane 5-6 Lap Swim Lanes 1-4	Noon-9pm Open/Lap Swim  12-4pm Scuba Camp only on 8/1 Lanes 5-6 RSVD	Noon-5:30pm SCUBA RESERVATION Only On 7/5 Lanes 5-6
2:10- 3:30 pm Lap Swim Lanes 1-4  Open Swim Lane 5-6	2:20-3:30 pm Lap Swim Lanes 1-4  Open Swim Lanes 5-6	1:10- 2:10 pm WaterWellness Lanes 3-6 Lap Swim Lanes 1-2		SHARED LANES  'Lap/Open Swim' Lap Swim Lanes 1-4  Open Swim Lanes 5-6  Open Swim is during open swim slots ONLY Lanes 5-6 ONLY  Lap Swim is swimming from one end of pool to other  Please Circle Swim or Lane Share during busier times. Lanes are first come, first serve.	Noon-7 pm Lap/Open Swim
3:30- 5:30 pm PEAK Swim Lessons Lanes 4-6 Lap Swim Lanes 1-3	3:30-6:30pm PEAK Swim Lessons Lanes 4-6 Lap Swim Lanes 1-3	3-5:30 pm PEAK Swim Lessons Lanes 4-6 Lap Swim Lanes 1-3	3:30-5 pm PEAK Swim Lessons & SCUBA CAMP** Lanes 4-6  Lap/Open Swim Lanes 1-3		
5:30- 6:30 pm Splashtastic Lane 5-6 PEAK Swim Lessons Lanes 1-3 Lap Swim Lane 4	5-6pm POOL RESERVED  PEAK Swim Lessons & Pre-Competitive Coaching	5:30- 6:30 pm Dynamic Aquasize Lane 5-6 PEAK Swim Lessons Lanes 1-3 Lap Swim Lane 4	3:30-6:30 pm PEAK Swim Lessons & SCUBA CAMP** Lanes 4-6  Lap Swim Lanes 1-3		7 am-12:30 pm SCUBA RESERVATION Only On 7/6 Lanes 5-6
6:30-9pm Lap/Open Swim	6:30-9pm Lap/Open Swim	6:30-9pm Lap/Open Swim	6:30-9pm Lap/Open Swim		7 am-7 pm Lap Swim Lanes 1-4  Open Swim Lanes 5-6

### ANNOUNCEMENTS

ADULT COACH LAP Swim - Free to Members No Sign Up Required - Check App for a updated schedule



Scuba and Scuba Summer Camp Lane Reserved on:  
Lane 1: July 2<sup>nd</sup> 6-7:30pm  
Lanes 5-6: July 17<sup>th</sup> 5pm -Close AND July 30<sup>th</sup> - Aug. 1<sup>st</sup> Noon to 4



PEAK Swim Sessions: 7/7 - 7/31 - No Swim Lessons 7/1 - 7/5  
\*excludes approved additional lessons  
Adult/Teen Summer Swim Lessons Available -  
Beginner - Intermediate - Fridays & Saturdays Only  
Email Jana@Peakmissoula.com for details!

Find on Facebook at "PEAK Aquatics"

SIGN UP FOR CLASSES ON OUR APP: Peak Health & Wellness MSLA

First Time Sign Up Use Your Email and Temporary Password: abcd1234 IMPORTANT: The login email will be the email associated with your PEAK account. To check your email on file or add/update your email please call service desk: 406 251-3344 ext. 201.

Blue Mountain: M-F 5am-10pm, Sat.-Sun., 7am- 8pm



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