



June 2019 NEWSLETTER



PEAK TRIATHLON

Thank you to everyone that participated, volunteered and sponsored The PEAK Tri, Kids Tri or purchased Moto Bike raffle tickets. All proceeds going to The Montana Hope Project, grant wishes to Montana children living with critical illnesses.

Winners:

- 1st Place - Renee Swinson
- 2nd Place - Jess Tapp
- 3rd Place - Keegan Witt
- Moto Bike Winner - Carol Nielsen



COME SEE US AT

Out To Lunch - June 5

Pick up some PEAK swag and free guest passes at Caras Park.

Missoula Marathon - June 29-30

Saturday at the Runner Expo and the Aid Station at the intersection of Bl Mtn/River Pine on race day.

Summer Maintenance Workout



Keep up you muscle conditioning while on vacation with Mike's Top 10 park exercises. [Learn More](#)

Top 3 Female Winners pictured with Jeremiah Snider, **MT Hope Project**



Join Outdoor Pickleball Drop In

Mon-Thur, 8-10 am / Fri, Sat, 8-11 am

Mon, Thur, 6-8 pm



Learn More About **MYZONE!**

To enter the Member MyZone

Challenge for a chance to

win a **ROV'R** Cooler or a

Month of PEAK Dues email:

myzonehelp@peakmissoula.com.

Purchase your MyZone Heart Monitor at

Blue Mtn or Downtown Service Desks.



Thanks Dad! Father's Day Sunday, June 16



SEND IN A PIC OF DAD
JUNE 5-16 AND HE'LL BE
ENTERED TO WIN PRIZES! If
he has a mustache (real or fake)
in the pic, he will get two entries.
Use #peakdads for instagram or
facebook or send to
kurt@peakmissoula.com.
Dads can also go to any PEAK
Service Desk and get a picture
taken with our BIG mustache.



DADS LIKE TO BE
PAMPERED TOO!

We offer Men's Hair Cuts,
Sports Pedicures, Massages
and Beard Care Products.

Gift Cards Available.

251-8200

peakmissoulaspa.com



Improve Rapport, Increase Respect

Free Class with Karna Sundby

NLP Certified Life Coach

93% of our communication is non-verbal!

Do you want to have better rapport when communicating with your boss, spouse, customers...teenager?

This class will teach you skills to create better rapport and reduce conflict in relationships.

BLUE MOUNTAIN:

Wed, June 26, Noon & 6 pm

Sign up at BI Mtn Service Desk: 251-3344

or email karna@inneraccess.org



FREE Improve Rapport Class

LOCATION

PEAK Blue Mountain

DATE AND TIME

06/26/19 12:00pm-06/26/19 1:00pm

Register
for
Noon
Class

FREE Improve Rapport Class

LOCATION

PEAK Blue Mountain

DATE AND TIME

06/26/19 6:00pm-06/26/19 7:00pm

Register
for
6
pm
Class

PEAK Missoula
peakmissoula.com

Connect with us

