

ADULT PROGRAMS

June 12-August 18 ***No lessons July 3-7**

***Classes with 3 or fewer participants will be 1 hour only, classes with 4 or more will be 1 1/2 hrs, where applicable.**

*CARDIO TENNIS

Thursday, 7-8 am

Tennis Member: \$10/hour

Club Member: \$15/hour **Guest:** \$20/hour

This weekly workout/drill session includes dead ball, live ball and game drilling. Men and women at all levels. This is a great change or addition to your regular workout.

*WEEKLY NTRP CLINICS

Member: \$18/clinic

Club Member: \$23/clinic **Guest:** \$28/clinic

Each clinic focuses on a specific game-like scenario. Drills are geared toward a weekly focus.

LADIES' 2.5/3.0 GAME DRILLING

Tuesday, 5:30-7 pm

LADIES' 3.5 GAME DRILLING

Monday, 10-11:30 am

LADIES' 4.0 GAME DRILLING

Friday, 8:30-10 am

MEN'S GAME DRILLING

Monday, 6:30-8 pm



ADULT REGISTRATION

Registration is open all summer. Weekly program class sizes are limited to 8. Men's and Ladies Doubles Nights are limited to 20. Classes with 2 or less participants 24 hours prior to clinic will be cancelled. Sign-ups are done on a weekly basis. Classes are open to members and guests.

MEN'S & LADIES DOUBLES' NIGHTS

Wednesday, 6-8 pm

Tennis Member: \$12/time

Club Member: \$15/time

Guest: \$20/time

From June 7 until August 30 we will be alternating Men's & Ladies Doubles' Night throughout the summer. We'll play for two hours each night from 6-8 pm followed by a BBQ!

MEN'S NIGHT DATES

June 14, 28; July 12, 26; August 9, 23

LADIES NIGHT DATES

June 7, 21; July 19; August 2, 14, 30



CALL TO REGISTER

406 251-3356 ext 10

4990 Buckhouse Lane
Missoula, MT 59804

Scott Potter, Tennis Director
scott@peakmissoula.com

Jan Steenekamp, Junior Tennis Director
jan@peakmissoula.com

We Inspire Limitless Potential



JUNIOR PROGRAMS

MICRO/HOT SHOTS/FUTURES

SESSION DATES (4-6 hours/week)

Week 1: June 17-20

Week 2: June 24-27

Week 3: July 8-11

Week 4: July 15-18

Week 5: July 22-25

Week 6: July 29-August 1

Week 7: August 5-8

Week 8: August 12-15

Week 9: August 19-22

MICRO/HOT SHOTS: AGES 4-10

Monday-Thursday, 10-11 am

Cost: \$39/4 days

Micro/Hot Shot tennis is an exciting format for teaching tennis, designed to utilize specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. A fast and fun way to get kids into tennis and keep them playing.

FUTURES: AGES 10-15

Monday-Thursday, 10-11:30 am

Cost: \$59/4 days

Juniors in this class may have had prior lessons but are not quite ready for match play. Players will be divided into appropriate groups based on ability, age and professional opinion. Lessons will include stroke mechanics, game drilling and physical tasks.

CHALLENGER SESSION DATES

Week 1: June 24-27

Week 2: July 15-18

Week 3: July 29-August 1

Week 4: August 12-15

Week 5: August 19-22

CHALLENGERS: AGES 10-18

Monday-Thursday, 11:30 am-1 pm

Cost: \$59/4 days

Participants should know how to play and keep score. Lessons include stroke mechanics, game drilling, doubles and singles strategy and conditioning. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical abilities and age. These lessons are rally ball based.



TENNIS CAMP DATES (16 hours/week)

Camp 1: June 17-20

Camp 2: July 8-11

Camp 3: July 22-25

Camp 4: August 5-8

JUNIOR TENNIS CAMPS: AGES 10-18

Monday-Thursday, 1-5 pm

***Cost:** \$159/camper

***DOES NOT include housing, food or transportation.**

We will be offering four, 4-day long tennis camps geared for players who have played tournaments and high school tennis.

Each camp day will consist of four hours of instruction, conditioning and match play. A total of 16 hours of tennis per camp.

Camps include stroke mechanics, fitness testing, game drilling, conditioning, singles and doubles strategy and more. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical ability and age. These camps are more rally ball than hand fed ball based.

HOW TO SIGN UP

Registration Begins April 15, 2019

If you are interested in our programs Contact:
Racquet Club Service Desk, 251-3356 ext 10.

For questions contact: Director of Junior Tennis,
Jan Steenekamp 251-3356 ext 12,
jan@peakmissoula.com.

NO LESSONS JULY 1-4