



## NO CLASSES OR PROGRAMS NOVEMBER 19-25

### ADULT CLINICS

\*Weekly clinic size limit is 8. Clinics with 3 or less participants will be 1 hour. Clinics with 4-8 will be 1 1/2 hours, where applicable. Clinics with 2 or less participants 24 hours prior to clinic will be cancelled. Sign up for Clinics, Ladies Day and Men's Night, are on a weekly basis and open to tennis members, club members and guests.

### \*WEEKLY NTRP CLINICS

Tennis Member: \$20/clinic Guest: \$30/clinic

Clinic focuses on a specific game-like scenario. Drills are geared toward a weekly focus.

### **LADIES' 2.5/3.0 GAME DRILLING**

Tuesday, 11:30 am-1 pm

### **LADIES' 3.5 GAME DRILLING**

Monday, 10-11:30 am

### **MEN'S 3.0/3.5+ GAME DRILLING**

Monday, 6:30-8 pm

### **MEN'S 3.5/4.0 GAME DRILLING**

Friday, 1-2:30 pm

### **MEN'S & LADIES' OPEN 3.5 GAME DRILLING**

Wednesday, 10-11:30 am, Saturday, 9:30-11 am

### **MEN'S & LADIES' OPEN 4.0 GAME DRILLING**

Wednesday, 11:30-1 pm, Friday, 8:30-10 am,  
Sunday, 9:30-11 am

### **OPEN PLAY DAY (weekly sign up, 12 max)**

Thursday, 11:30 am-1 pm

Tennis Member: \$8/day Guest: \$20/day

Play with 2 different partners each week. Players will be paired according to ability and rotated after 45 min. This is a weekly sign up league.

### **MEN'S NIGHTS (weekly sign up, 16 max)**

Wednesday, 7-8:30 pm

Tennis Member: \$8/night Guest: \$20/night

Food & beverage provided. Levels: 3.0/3.5+

### **NEW LIVE BALL CLINIC**

Monday, 6:30-7:30 am, Saturday, 8:30-9:30 am

Sunday, 8:30-9:30 am

Tennis Member: \$12/clinic Guest: \$20/clinic

1 hour high energy game focused drill session. Players will be paired with different partners during the hour and you'll play games where you must win 4 of 5 points to become the champs. Max 8 players on a court per class. Come try this great workout.

### **TENNIS 101**

Tuesday, 1-2:30 pm

Tennis Member: \$15/clinic Guest: \$23/clinic

Designed to introduce or reacquaint players who haven't played in past 5+ years, to the fundamentals of tennis. Clinics includes grips, preparation, swing paths, contact points, movement patterns, dead ball and live ball drills with match play each week.

### **TENNIS 201**

Sunday 11 am-12:30 pm

Tennis Member: \$15/clinic Guest: \$23/clinic

A refresher course for those players who have not played much in the last 3-5 years. Clinics will cover grips, preparation, swing paths, contact points, movement patterns. Clinic is live ball and game oriented with match play.

### **ADULT LEAGUES**

#### **LADIES' TRI-LEVEL LEAGUE**

**League Season:** October 1-December 17

No league Nov 19

36 max/each league time.

Monday, 5:30-8:30 pm

Member: \$66/11 weeks Guest: \$132/11 weeks

Tri-Level Team 6 players per team. One doubles team in each of the following levels: 3.0, 3.5, 4.0+ Levels play each other: 3.0 vs 3.0, 3.5 vs 3.5, 4.0 vs 4.0



**TO REGISTER: 406 251-3356 ext 10**

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