



ADULT CLINICS

*Weekly clinic size limit is 8. Clinics with 3 or less participants will be 1 hour. Clinics with 4-8 will be 1 1/2 hours, where applicable. Clinics with 2 or less participants 24 hours prior to clinic will be cancelled. Sign up for Clinics, Ladies Day and Men's Night, are on a weekly basis and open to tennis members, club members and guests.

***WEEKLY NTRP CLINICS**

Tennis Member: \$20/clinic Guest: \$30/clinic

Clinic focuses on a specific game-like scenario. Drills are geared toward a weekly focus.

LADIES' 2.5/3.0 GAME DRILLING

Tuesday, 11:30 am-1 pm

LADIES' 3.5 GAME DRILLING

Monday, 10-11:30 am

LADIES' 4.0 GAME DRILLING

Friday, 8:30-10 am

MEN'S 3.0/3.5+ GAME DRILLING

Monday, 6:30-8 pm

MEN'S 3.5/4.0 GAME DRILLING

Monday, 11:30 am-1 pm

MEN'S & LADIES' OPEN 3.5 GAME DRILLING

Wednesday, 10-11:30 am, Saturday, 9:30-11 am

MEN'S & LADIES' OPEN 4.0 GAME DRILLING

Wednesday, 11:30-1 pm, Sunday, 9:30-11 am

LADIES DAY (weekly sign up, 12 max)

Thursday, 11:30 am-1 pm

Tennis Member: \$8/day Guest: \$20/day

Play with 2 different partners each week. Players will be paired according to ability and rotated after 45 min. This is a weekly sign up league.

MEN'S NIGHTS (weekly sign up, 16 max)

Wednesday, 7-8:30 pm

Tennis Member: \$8/night Guest: \$20/night

Food & beverage provided. Levels: 3.0/3.5+

NEW LIVE BALL CLINIC

Monday, 1-2 pm, Thursday, 6:30-7:30 am,

Friday, Noon-1 pm, Saturday, 8:30-9:30 am

Tennis Member: \$12/clinic Guest: \$20/clinic

1 hour high energy game focused drill session. Players will be paired with different partners during the hour and you'll play games where you must win 4 of 5 points to become the champs. Max 8 players on a court per class. Come try this great workout.

TENNIS 101

Tuesday, 1-2:30 pm, Sunday, 12:30-2 pm

Tennis Member: \$15/clinic Guest: \$23/clinic

Designed to introduce or reacquaint players who haven't played in past 5+ years, to the fundamentals of tennis. Clinics includes grips, preparation, swing paths, contact points, movement patterns, dead ball and live ball drills with match play each week.

NO CLINICS November 19-23



TENNIS 201

Thursday, 5:30-7 pm, Sunday 11 am-12:30 pm

Tennis Member: \$15/clinic Guest: \$23/clinic

A refresher course for those players who have not played much in the last 3-5 years. Clinics will cover grips, preparation, swing paths, contact points, movement patterns. Clinic is live ball and game oriented with match play.

ADULT LEAGUES

LADIES' TRI-LEVEL LEAGUE

League Season: October 1-December 17

No league Nov 19

36 max/each league time.

Monday, 5:30-8:30 pm

Member: \$66/11 weeks Guest: \$132/11 weeks

Tri-Level Team 6 players per team. One doubles team in each of the following levels: 3.0, 3.5, 4.0+ Levels play each other: 3.0 vs 3.0, 3.5 vs 3.5, 4.0 vs 4.0



TO REGISTER: 406 251-3356 ext 10

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