

ADULT PROGRAMS

June 11-August 24

No Clinics or Club Play July 2-6

*Weekly program clinics sizes are limited to 8. Clinics with 3 or less participants will be 1 hour. Clinics with 4-8 will be 1 1/2 hours, where applicable. Clinics with 2 or less participants 24 hours prior, clinic will be cancelled. Registration is open all summer. Sign-ups for Clinics and Club Play Night are on a weekly basis and open to members and guests.

*WEEKLY NTRP CLINICS

Member: \$20/clinic

Guest: \$30/clinic

Each clinic focuses on a specific game-like scenario. Drills are geared toward a weekly focus.

LADIES' 2.5/3.0 GAME DRILLING

Tuesday, 11:30-1 pm

LADIES' 3.5 GAME DRILLING

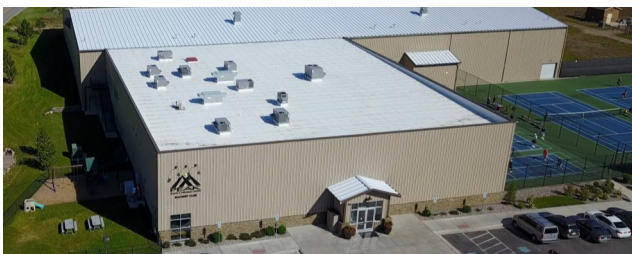
Monday, 10-11:30 am

LADIES' 4.0 GAME DRILLING

Friday, 8:30-10 am

MEN'S GAME DRILLING

Monday, 6:30-8 pm



CLUB PLAY NIGHT

Wednesday, 6-8 pm, June 6-September 1

Tennis Member: \$12/time

Guest: \$20/time

Maximum Participants: 20 players/week

This is a weekly sign-up activity that includes both men and women. Pros will pair up players at the appropriate level for singles, doubles or mixed, depending on numbers and gender. You will be switched two or three times per week. Following match play, enjoy a beverage and BBQ.

LEARN AND PLAY 1

Tuesday, 5:30-7 pm, June 12-August 21

Tennis Member: \$15/time

Guest: \$20/time

Designed to introduce or reacquaint players who haven't played in past 5+ years, to the fundamentals of tennis. Clinics includes grips, preparation, swing paths, contact points, movement patterns, dead ball and live ball drills with match play each week.

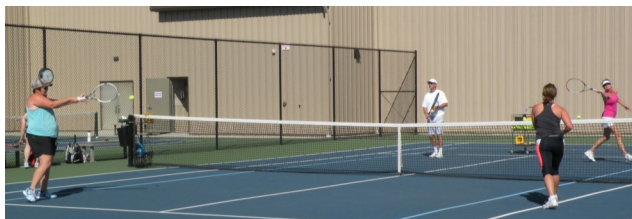
LEARN AND PLAY 2

Tuesday, 7-8:30 pm, June 12-August 21

Tennis Member: \$15/time

Guest: \$20/time

A refresher course for those players who have not played much in the last 3-5 years. Clinics will cover grips, preparation, swing paths, contact points, movement patterns. Clinic is live ball and game oriented with match play.



CALL TO REGISTER
406 251-3356 ext 10

4990 Buckhouse Lane
Missoula, MT 59804
406 251-3356 ext 11

Scott Potter, Tennis Director
scott@peakmissoula.com

Jan Steenekamp, Director of Junior Tennis
jan@peakmissoula.com

*We empower our community to
pursue healthy, happy lives*



JUNIOR PROGRAMS

MICRO/HOT SHOTS/FUTURES

SESSION DATES (4-6 hours/week)

Week 1: June 11-14 Week 6: July 23-26
Week 2: June 18-21 Week 7: July 30-August 2
Week 3: June 25-28 Week 8: August 6-9
Week 4: July 9-12 Week 9: August 13-16
Week 5: July 16-19 Week 10: August 20-23

MICRO/HOT SHOTS: AGES 4-10

Monday-Thursday, 9-10 am

Cost: \$39/4 days

Micro/Hot Shot tennis is an exciting format for teaching tennis, designed to utilize specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. A fast and fun way to get kids into tennis and keep them playing.

FUTURES: AGES 10-15

Monday-Thursday, 9-10 am

Cost: \$39/4 days

Juniors in this class may have had prior lessons but are not quite ready for match play. Players will be divided into appropriate groups based on ability, age professional opinion. Lessons will include stroke mechanics, game drilling and physical tasks.



CHALLENGER SESSION DATES

Week 1: June 18-21
Week 2: July 9-12
Week 3: July 23-26
Week 4: July 30-August 2
Week 5: August 14-17
Week 6: August 20-23

CHALLENGERS: AGES 10-18

Monday-Thursday, 10-11:30 am

Cost: \$59/4 days

Participants should know how to play and keep score. Lessons include stroke mechanics, game drilling, doubles and singles strategy and conditioning. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical abilities and age. These lessons are rally ball based.

JUNIOR TEAM TENNIS (JTT)

June 19
July 10, 24, 31
August 14, 21

Tuesday, 4-5:30 pm

Cost: \$40 per player/all 6 days

PEAK Tennis in conjunction with USTA-Montana is providing an opportunity for junior players of all ages and levels to compete in six Singles and Doubles play this summer. Every participant will receive a T-Shirt and at the end of the summer prizes will be awarded based on participation and results.

Players can sign up with a doubles partner on the day of each event. If you don't have a partner, we'll match you with one.

Sign up: MontanaTennis.org, Junior Team Tennis
Questions: Lauren Olson, lolson.mta@gmail.com,
406 579-2716.

TENNIS CAMP DATES (16 hours/week)

Week 1: June 11-14
Week 2: June 25-28
Week 3: July 16-19
Week 4: August 6-9

JUNIOR TENNIS CAMPS: AGES 10-18

Monday-Thursday, 1-5 pm

***Cost:** \$159/camper

***DOES NOT include housing, food or transportation.**

We will be offering four, 4-day long tennis camps geared for players who have played tournaments and high school tennis.

Each camp day will consist of four hours of instruction, conditioning and match play. A total of 16 hours of tennis per camp.

Camps include stroke mechanics, fitness testing, game drilling, conditioning, singles and doubles strategy and more. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical ability and age. These camps are more rally ball than hand fed ball based.

HOW TO SIGN UP

Registration Begins April 15, 2017

If you are interested in our programs or playing in our leagues contact: Racquet Club Service Desk, 251-3356 ext 10.

Grant money is available and provided by Garden City Tennis Association & PEAK Health & Wellness.

For questions on payment options or grant money availability contact:

Director of Junior Tennis, Jan Steenekamp
251-3356 ext 10, jan@peakmissoula.com.

NO LESSONS JULY 2-5