

# WINTER 2018 PROGRAM GUIDE

## JUNIOR PROGRAMS

### MICRO & HOT SHOTS: AGES 4-10

**Day/Time:** Tuesday & Thursday, 4-5 pm

**Tennis Member:** \$120

**Member:** \$150

**Guest:** \$180

**Micro Shots:** An exciting format for teaching tennis, designed to utilize specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. A fast and fun way to get kids into tennis and keep them playing.

**Hot Shots:** Players will continue to work on fundamentals learned in Micro Shots with additional live ball/rally ball drills.

### FUTURES: AGES 10-15

**Day/Time:** Tuesday & Thursday, 4-5 pm

**Tennis Member:** \$120

**Member:** \$150

**Guest:** \$180

Juniors in this class may have had prior lessons but are not quite ready for match play. Players will be divided into appropriate groups based on ability, age and professional opinion. Lessons will include stroke mechanics, game drilling and physical tasks.

### **CHALLENGERS: AGES 12-18**

**Day/Time:**

Monday & Wednesday, 4-5:30 pm (24 max)

Tuesday & Thursday, 4-5:30 pm (16 max)

**Tennis Member:** \$180

**Member:** \$225

**Guest:** \$270

Participants should know how to play and keep score. Lessons include: stroke mechanics, game drilling, conditioning and doubles and singles strategy. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical abilities and

### **JUNIOR TEAM TENNIS**

**Day/Time:** Saturday, 5-8 pm

January 13 & 27    March 3 & 17

February 17 & 24    April 14 & 21

**Tennis Member:** \$10 per match date

**Member:** \$12.50 per match date

**Guest:** \$15 per time match

Cost includes: court time, food, beverages and prizes.

**Team Make-Up:** 2 person teams

**Time/Divisions:**

**5 pm:** 14 & under,

**6:30 pm:** 15 & over

**Match Set Format:** 2 Singles & 1 Double Sets

**Registration:** Weekly registration deadline is Wednesday, 10 pm, prior to match date.

20 participants max per division, per match date.

Junior Team Tennis is a great way to get match play against players of similar age and ability.



### JUNIOR SESSIONS DATES

**Session 1: January 8-February 15**

**Sign-up: Monday, December 18, 8 am**

**Session 2: February 19-April 5**

**Sign-up: Monday, January 29, 8 am**

**Session 2: April 9-May 24**

**Sign-up: Monday, March 19, 8 am**

**NO LESSONS SPRING BREAK MARCH 26-30**

### HOW TO SIGN UP

If you are interested in our programs or playing in our Jr Team Tennis League contact: Racquet Club Service Desk, 251-3356.

Grant money is available and provided by PEAK Health and Wellness and Garden City Tennis Association.

For questions on payment options or grant money availability contact: Junior Tennis Director, Jan Steenekamp 251-3356, [jan@peakmissoula.com](mailto:jan@peakmissoula.com).