

# WINTER 2018 PROGRAM GUIDE

## JUNIOR PROGRAMS

### MICRO & HOT SHOTS: AGES 4-10

**Day/Time:** Tuesday & Thursday, 4-5 pm

**Tennis Member:** \$120

**Member:** \$150

**Guest:** \$180

**Micro Shots:** An exciting format for teaching tennis, designed to utilize specialized equipment, shorter court dimensions and modified scoring, all tailored to age and size. A fast and fun way to get kids into tennis and keep them playing.

**Hot Shots:** Players will continue to work on fundamentals learned in Micro Shots with additional live ball/rally ball drills.

### FUTURES: AGES 10-15

**Day/Time:** Tuesday & Thursday, 4-5 pm

**Tennis Member:** \$120

**Member:** \$150

**Guest:** \$180

Juniors in this class may have had prior lessons but are not quite ready for match play. Players will be divided into appropriate groups based on ability,

### CHALLENGERS: AGES 12-18

**Day/Time:**

Monday & Wednesday, 4-5:30 pm (24 max)

Tuesday & Thursday, 4-5:30 pm (16 max)

**Tennis Member:** \$180

**Member:** \$225

**Guest:** \$270

Participants should know how to play and keep score. Lessons include: stroke mechanics, game drilling, conditioning and doubles and singles strategy. Players will be divided into appropriate groups based on professional opinion, player dedication, attitude, effort, technical abilities and age. These lessons are live ball based.

### JUNIOR TEAM TENNIS

**Day/Time:** Saturday, 5-8 pm

January 13 & 27      March 3 & 17

February 17 & 24      April 14 & 21

**Tennis Member:** \$10 per match date

**Member:** \$12.50 per match date

**Guest:** \$15 per time match

Cost includes: court time, food, beverages and prizes.

**Team Make-Up:** 2 person teams

**Time/Divisions:**

**5 pm:** 14 & under,

**6:30 pm:** 15 & over

**Match Set Format:** 2 Singles & 1 Double Sets

**Registration:** Weekly registration deadline is Wednesday, 10 pm, prior to match date.

20 participants max per division, per match date.



### JUNIOR SESSIONS DATES

**Session 1: January 8-February 15**

**Sign-up: Monday, December 18, 8 am**

**Session 2: February 19-April 5**

**Sign-up: Monday, January 29, 8 am**

**Session 3: April 9-May 24**

**Sign-up: Monday, March 19, 8 am**

**NO LESSONS SPRING BREAK MARCH 26-30**

### HOW TO SIGN UP

**If you have questions about Jr Programs contact Jr Tennis Director, Jan Steenekamp: 251-3356, [jan@peakmissoula.com](mailto:jan@peakmissoula.com)**

To sign up contact: Racquet Club Service Desk, 251-3356 ext 10.

Grant money is available and provided by PEAK Health and Wellness and Garden City Tennis Association.

For questions on payment options or grant money availability contact: Scott Potter 251-3356 ext 11, [scott@peakmissoula.com](mailto:scott@peakmissoula.com).



## ADULT PROGRAMS

\*1 hr classes: must have 3/+ players.

1 1/2 hr classes: 4/+ players, 3 players & class will be 1 hr, 2 or less players, class cancelled.

Sign up deadline for weekly clinics: 24 hrs prior to class. Questions about Adult Programs contact Adult Tennis Director, Scott Potter: 251-3356 ext 11, [scott@peakmissoula.com](mailto:scott@peakmissoula.com)

### \*WEEKLY NTRP CLINICS

Member: \$20/clinic Club Member: \$25/clinic  
Guest: \$30/clinic

Each clinic focuses on a specific game-like scenario. Drills are geared toward a weekly focus.

### LADIES' 2.5/3.0 GAME DRILLING

Tuesday, 1-2:30 pm

### LADIES' 3.5 GAME DRILLING

Monday, 10-11:30 am

### LADIES' 4.0 GAME DRILLING

Friday, 8:30-10 am

### MEN'S 3.0/3.5+ GAME DRILLING

Monday, 6:30-8 pm

## BNP PARIBAS CLUB TRIP MARCH 10-14, 2018

The 5th annual BNP Paribas tournament trip is fast approaching. Trip includes: hotel, tournament tickets, two tennis playing experiences and a welcome reception. We would like to have all of the spots reserved by PEAK members. If you are interested in this trip and would like to reserve your spot, a \$500 deposit is required. This deposit is refundable if you withdraw from the trip by February 1, 2018. For more information contact Scott Potter: 251-3356 ext 11, [scott@peakmissoula.com](mailto:scott@peakmissoula.com)



### TENNIS 101 & 201, 1x/per week/6 Weeks

Session 1, January 8-February 17

Session 2, February 19-April 7

No classes March 26-30-Spring Break

Session 3, April 9-May 19

### TENNIS 101

Day/Time: Wednesday, 8:30-10 am or  
Saturday, 9:30-11 am

Member: \$90/6 weeks Guest: \$120/6 weeks

Designed to introduce or reacquaint players who haven't played in past 5+ years, to the fundamentals of tennis. Clinic includes: grips, preparation, swing paths, contact points, movement patterns, dead & live ball drills and games when appropriate.

### TENNIS 201

Day/Time: Tuesday, 11:30 am-1 pm or  
Thursday, 5:30-7 pm

Member: \$90/6 weeks Guest: \$120/6 weeks

A refresher course for those who have not played much in the last 3-5 years. Clinic includes: grips, preparation, swing paths, contact points and movement patterns. The clinics will be more live ball and game oriented.



## WEEKLY ADULT LEAGUES

Max of 12 players/week. Play with 2 different partners each week. Players will be paired according to ability and rotated after 45 min. This is a weekly sign up league.

Member: \$8/time Guest: \$20/time

Ladies Day: Thursday, 11:30 am-1 pm

Ladies Night: Monday, 5:30-7 pm

Men's Day: Monday, 1-2:30 pm

Men's Night: Wednesday, 5:30-7 pm



### U of M Practice Schedule

Women: Monday-Friday, 6:30-8:30 am,  
3 courts starts January 22

Men: Monday & Thursday, 2:30-4 pm,  
Wednesday, 8:30-10 pm, Friday, 4-5:30 pm,  
Saturday & Sunday, 2-3:30 pm  
3 courts starts January 19

### UM Home Matches: January/February

UM Women vs WA State - Fri, January 26 (twice)

WA State vs Iowa - Sat, January 27

UM Women vs Iowa - Sun, January 28

UM Women vs Portland - Fri, February 2

MT State Women vs Portland - Sat, February 3

UM Women vs MT State - Sun, February 4

UM Men vs Lewis & Clark ST - Fri, Feb 9 (twice)

UM Men vs MT State - Sat, February 10

UM Women vs Portland - Sat, February 10

UM Women vs North Dakota - Fri, February 16

UM Women vs Sac State - Sat, February 17