

# GYMNASIUM SCHEDULE

MON

TUE

WED

THU

FRI

SUN

Pick Up Basketball  
6-7 am / FC

Boot Camp \*  
7-8 am / HC

Griz Football Training  
9:15-10am / HC

Rankin's Functional  
Fitness \*  
10-11 am / HC

Pick Up Basketball  
Noon-2 pm / FC

Plyometrics \*\*  
6-7 am / HC

Tom's Group Training  
9:30-10:30 am / HC

Pick Up Basketball  
Noon-2 pm / FC

Pick Up Basketball  
5:30-7 pm / FC

Pick Up Basketball  
6-7 am / FC

Boot Camp \*  
7-8 am / HC

Griz Football Training  
9:15-10 am / HC

Rankin's Functional  
Fitness \*  
10-11 am / HC

Pick Up Basketball  
Noon-2 pm / FC

Tom's Group Training  
9-10 am / HC

Pick Up Basketball  
Noon-2 pm / FC

Pick Up Basketball  
5:30-7 pm / FC

Plyometrics \*\*  
6-7 am / HC

Pick Up Basketball  
6-7 am / HC

Boot Camp \*  
7-8 am / HC

Griz Football Training  
8:25-10 am / HC

Rankin's Functional  
Fitness \*  
10-11 am / HC

Youth Tennis \*\*\*  
4:30-5:30 pm / HC

Pick Up Basketball  
6-8 pm / FC

